

Lunch Includes:

- *Main or Alternate Entree
- *Choice of Vegetable Side
- *Choice of Fruit Side
- *1/2 Pint Milk



March, 2019

Monthly Menu
Price Per Lunch \$2.75



If writing a check, please make payable to: DOC Nutrition Services

Monday	Tuesday	Wednesday	Thursday	Friday
				<p>Mac & Cheese with Pretzel Rod or A) Cheesy Garlic Flatbread (with optional Dipping Sauce)</p> <p>Carrot Sticks with Dip Mixed Fruit or Seasonal Fresh Fruit</p>
<p>Salisbury Steak with Gravy & a Roll or A) Chicken Nuggets with a Roll</p> <p>Mashed Potatoes Applesauce Cup or Seasonal Fresh Fruit Cookie Treat</p>	<p>Roasted Chicken with a Corn Muffin or A) Corn Dog</p> <p>Carrots or Tossed Garden Salad Frozen Juice Cup</p>	<p>Ash Wednesday Cheese Quesadilla with Salsa or A) Mac & Cheese with Pretzel Rod</p> <p>Corn Pears or Seasonal Fresh Fruit</p>	<p>Chicken Tenders or A) Hamburger or Cheeseburger on a Bun</p> <p>Baked Beans or Tossed Garden Salad Mandarin Oranges</p>	<p>Mozzarella Sticks with Dipping Sauce or A) Cheese Pizza Slice (with optional Dipping Sauce)</p> <p>Broccoli Fruit Cup or Seasonal Fresh Fruit Cookie Treat</p>
<p>Cheese Quesadilla with Salsa or A) Chicken Nuggets with a Roll</p> <p>Carrots Peaches or Seasonal Fresh Fruit</p>	<p>Beef Nachos (Beef Meat & Cheese Sauce over Tostitos Chips with optional Salsa and Black Beans) or A) Hot Dog on a Bun</p> <p>Corn or Tossed Garden Salad 100% Fruit Juice</p>	<p>Meatball Sub or A) Popcorn Chicken with a Roll</p> <p>Potato Wedges Applesauce or Seasonal Fresh Fruit Cookie Treat</p>	<p>Crispy Oven Fried Chicken Drumstick with a Roll or A) Hamburger or Cheeseburger on a Bun</p> <p>French Fries or Tossed Garden Salad Mixed Fruit</p>	<p>Grilled Cheese Sandwich or A) Cheesy Garlic Flatbread (with optional Dipping Sauce)</p> <p>Green Beans Fruit Yogurt Parfait or Seasonal Fresh Fruit Cheetos Treat</p>
<p>French Toast Sticks with Syrup or A) Chicken Nuggets with a Roll</p> <p>Tator Tots Fruit Cup or Seasonal Fresh Fruit</p>	<p>Walking Taco (Beef Taco Meat & Shredded Cheddar Cheese served in a Bag of Tostitos Chips with optional Black Beans & Salsa) or A) Corn Dog</p> <p>Corn or Tossed Garden Salad 100% Fruit Juice Cookie Treat</p>	<p>Salisbury Steak with Gravy & a Breadstick or A) Chicken Patty on a Bun</p> <p>Mashed Potatoes Applesauce or Seasonal Fresh Fruit</p>	<p>Popcorn Chicken with Rice (optional Mandarin Orange Sauce) or A) Hamburger or Cheeseburger on a Bun</p> <p>Broccoli or Tossed Garden Salad Mandarin Oranges Cheetos Treat</p>	<p>Cheese Stuffed Breadsticks with Marinara Dipping Sauce or A) Cheese Pizza Slice (with optional Dipping Sauce)</p> <p>Carrot Sticks with Dip Pears or Seasonal Fresh Fruit</p>
<p>Cheeseburger Sliders or A) Chicken Nuggets with a Roll</p> <p>French Fries Peaches or Seasonal Fresh Fruit</p>	<p>Fiestada Pizza or A) Hot Dog on a Bun</p> <p>Corn or Tossed Garden Salad Frozen Juice Cup</p>	<p>Pasta with Meat Sauce & Garlic Toast or A) Popcorn Chicken with Garlic Toast</p> <p>Green Beans Fruit Cup or Seasonal Fresh Fruit</p>	<p>Honey BBQ Riblets with a Breadstick or A) Hamburger or Cheeseburger on a Bun</p> <p>Baked Beans or Tossed Garden Salad Sunshine Smoothie</p>	<p>Mac & Cheese with Pretzel Rod or A) Cheesy Garlic Flatbread (with optional Dipping Sauce)</p> <p>Carrot Sticks with Dip Mixed Fruit or Seasonal Fresh Fruit</p>

*Please note that regulations require that at least one vegetable or fruit side be chosen with each lunch.

Look on reverse side for fun and learning with Chef Louie

SUBSTITUTION OF ITEMS MAY BE NECESSARY

This institution is an equal opportunity provider.